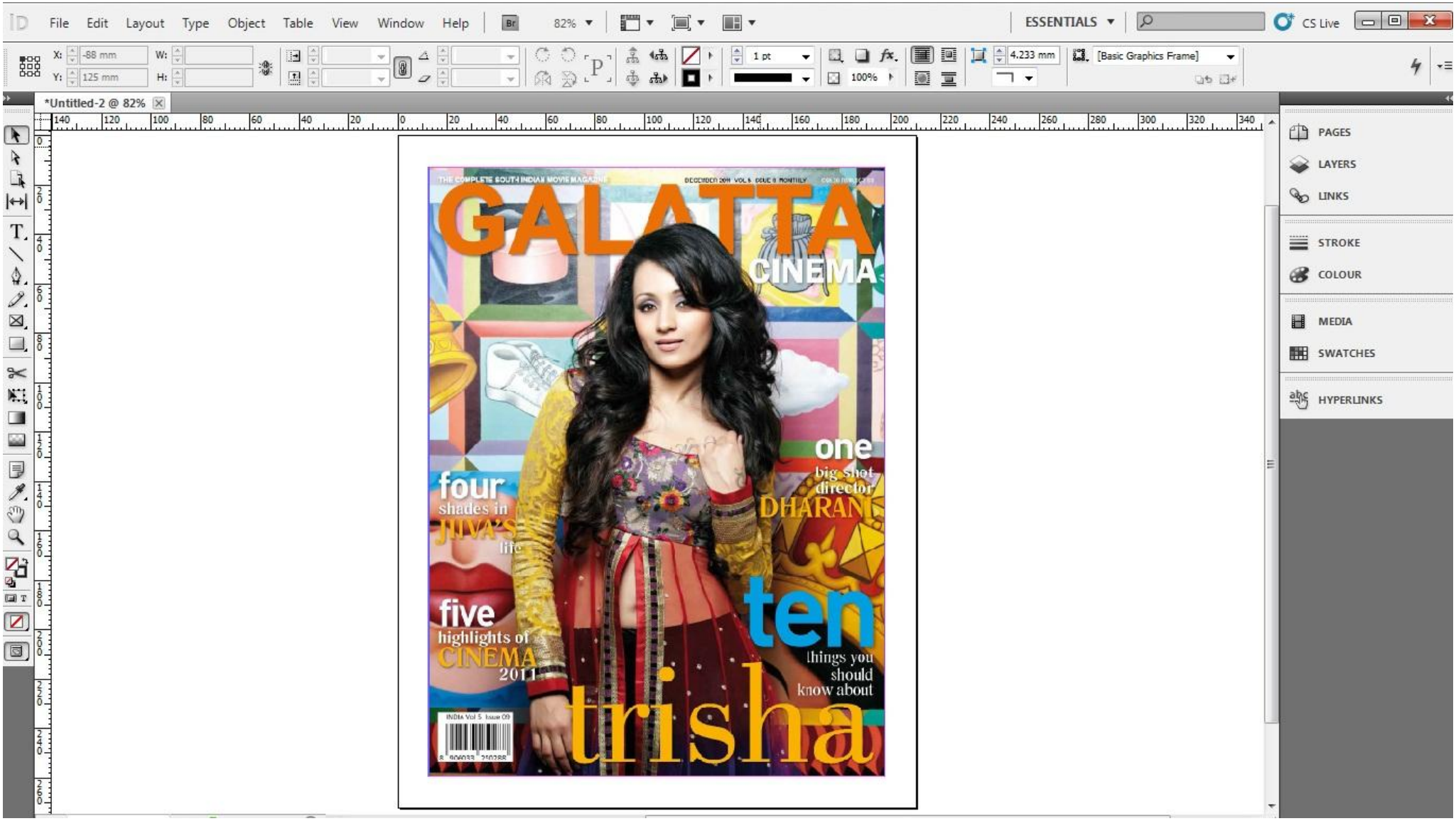
Tutorial to embed videos using Adobe InDesign CS5

1.0. Open the document in Adobe InDesign CS5



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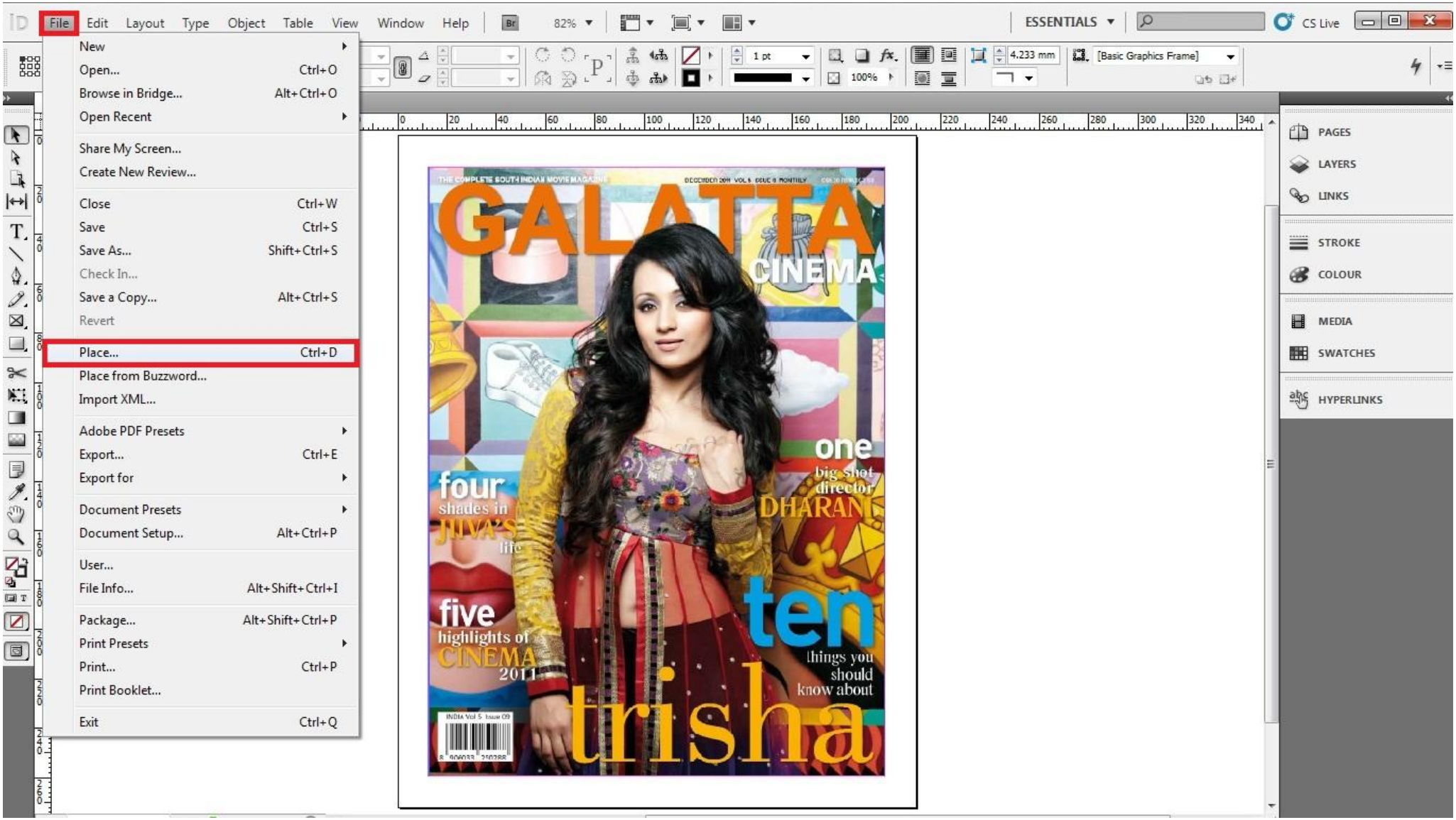
1.1. Placing the play button.

1.1.1. Click '*File*' → '*Place*'



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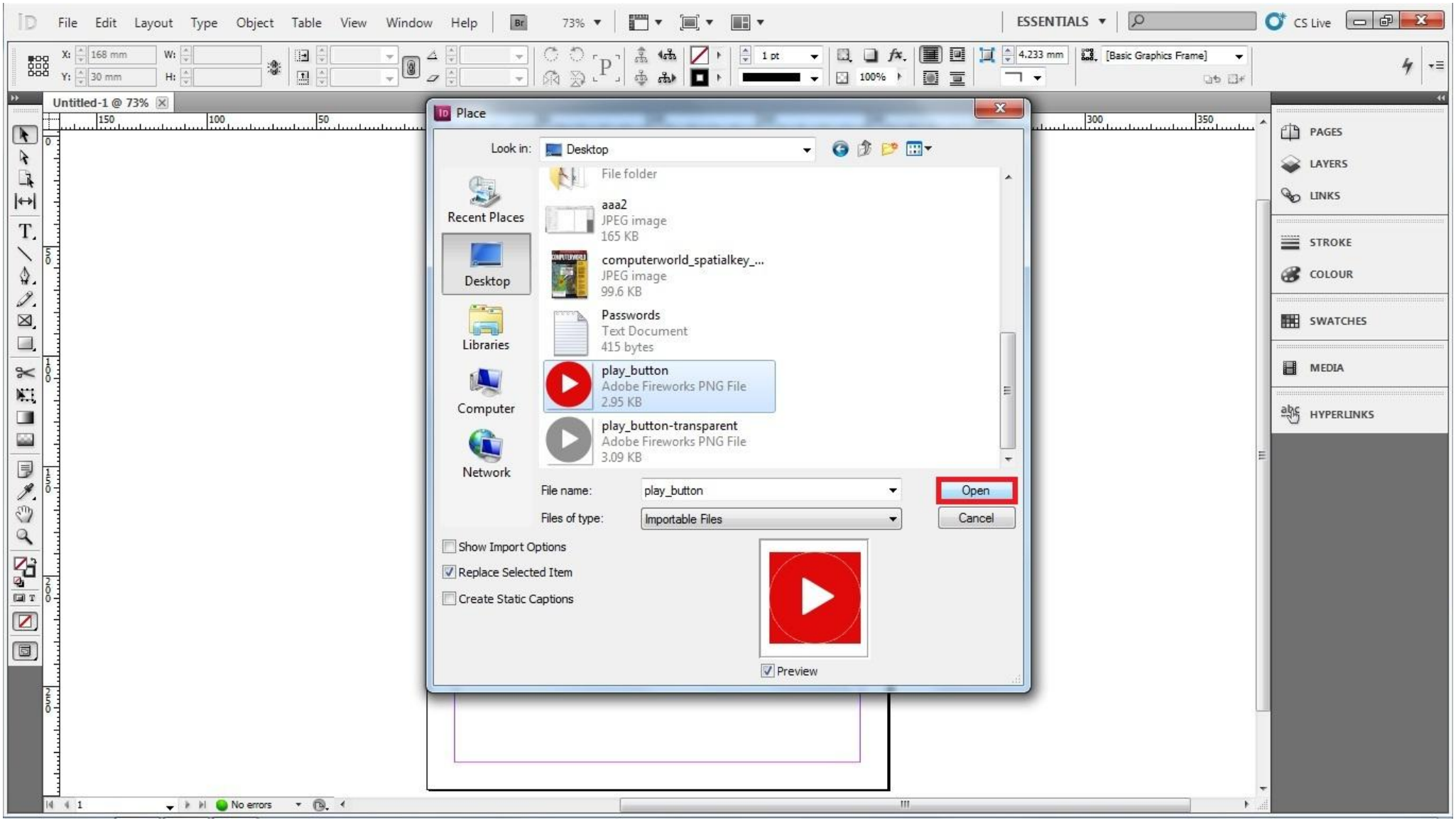
1.1.2. Select the Play button from the downloaded location and click '*Open*' (Click here to download the '*Play Button*')



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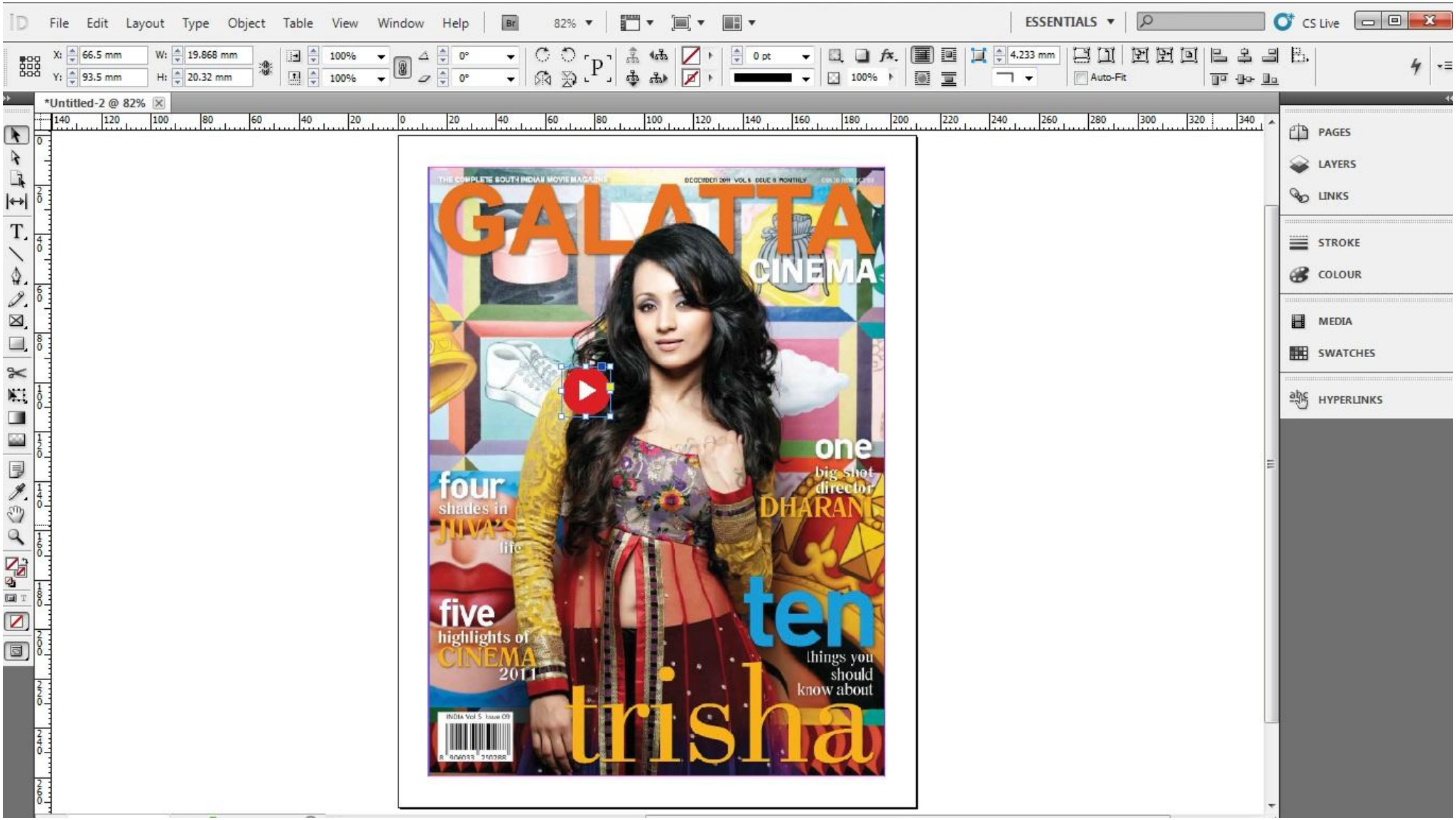
1.1.3. '*Click and Drag*' to draw out a rectangular area in the size and position of where the '*Play Button*' should be placed



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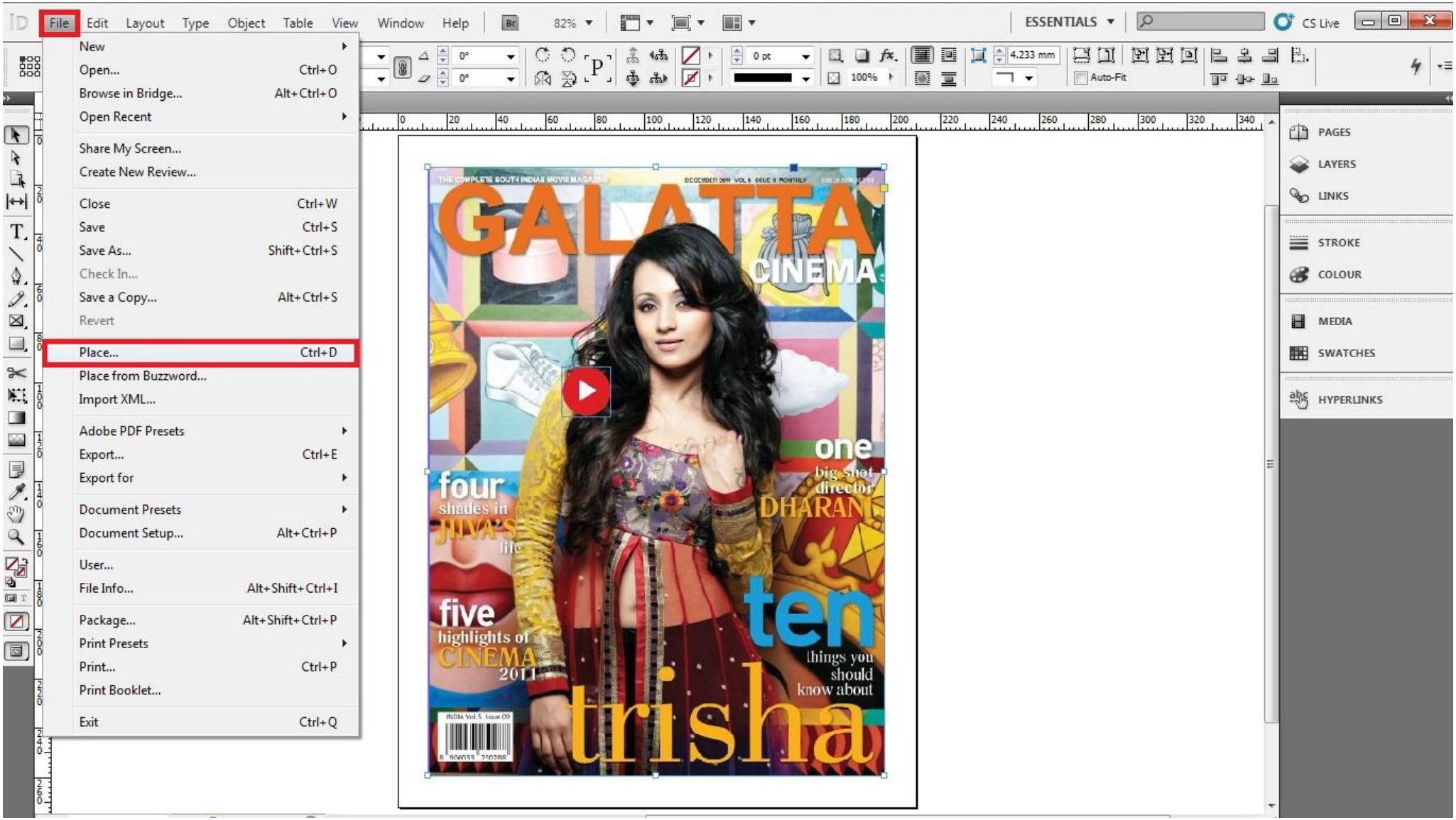
1.2. Placing the Video.

1.2.1. Deselect the '*Play Button*' and Click '*File*' → '*Place*'



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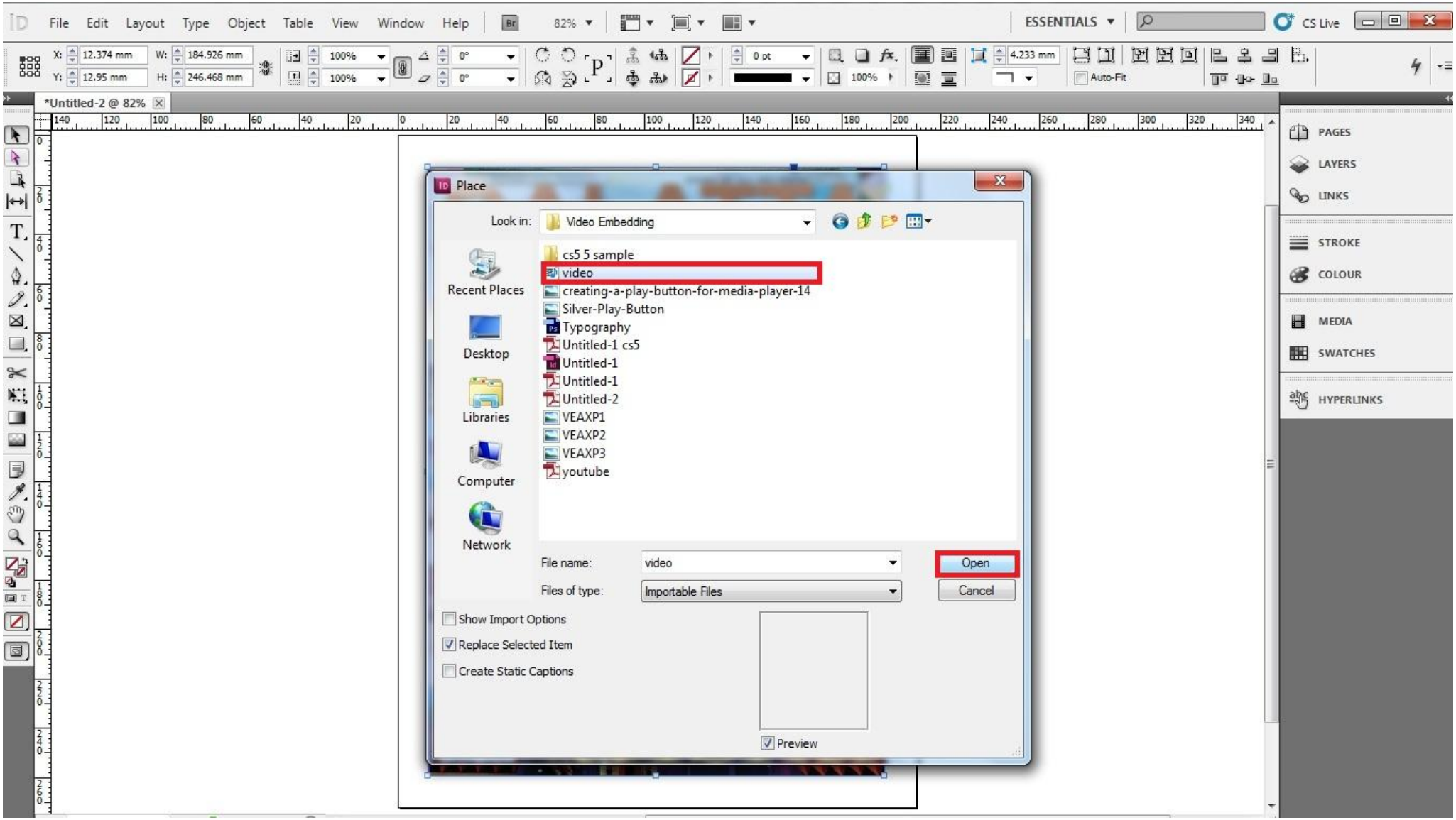
1.2.2. Select the Video from the saved location and click '*Open*'



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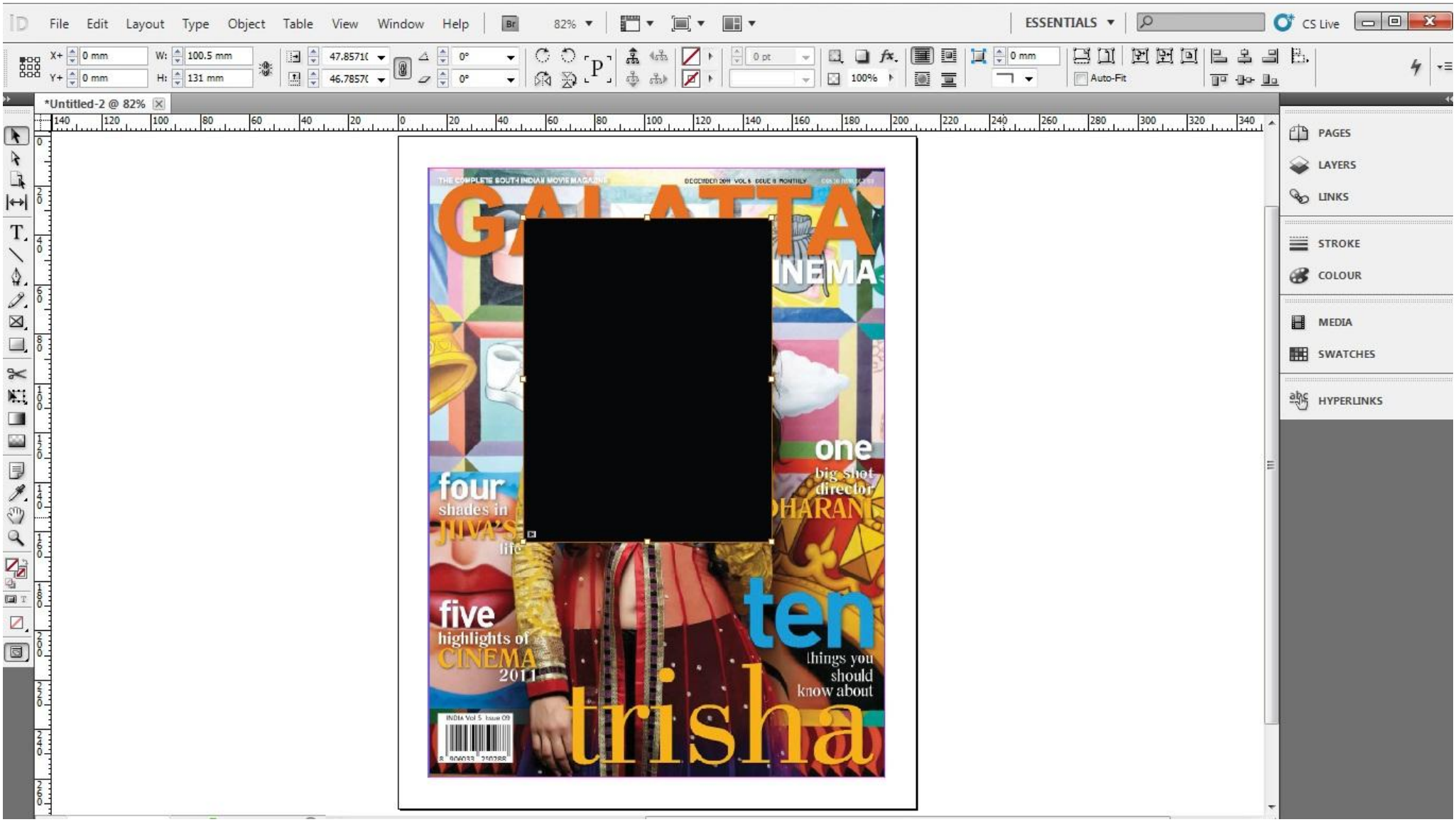
1.2.3. *'Click and Drag' to d*raw a rectangular area in the size and position of where the '*Video*' should be placed (Make sure it covers the '*Play Button*')



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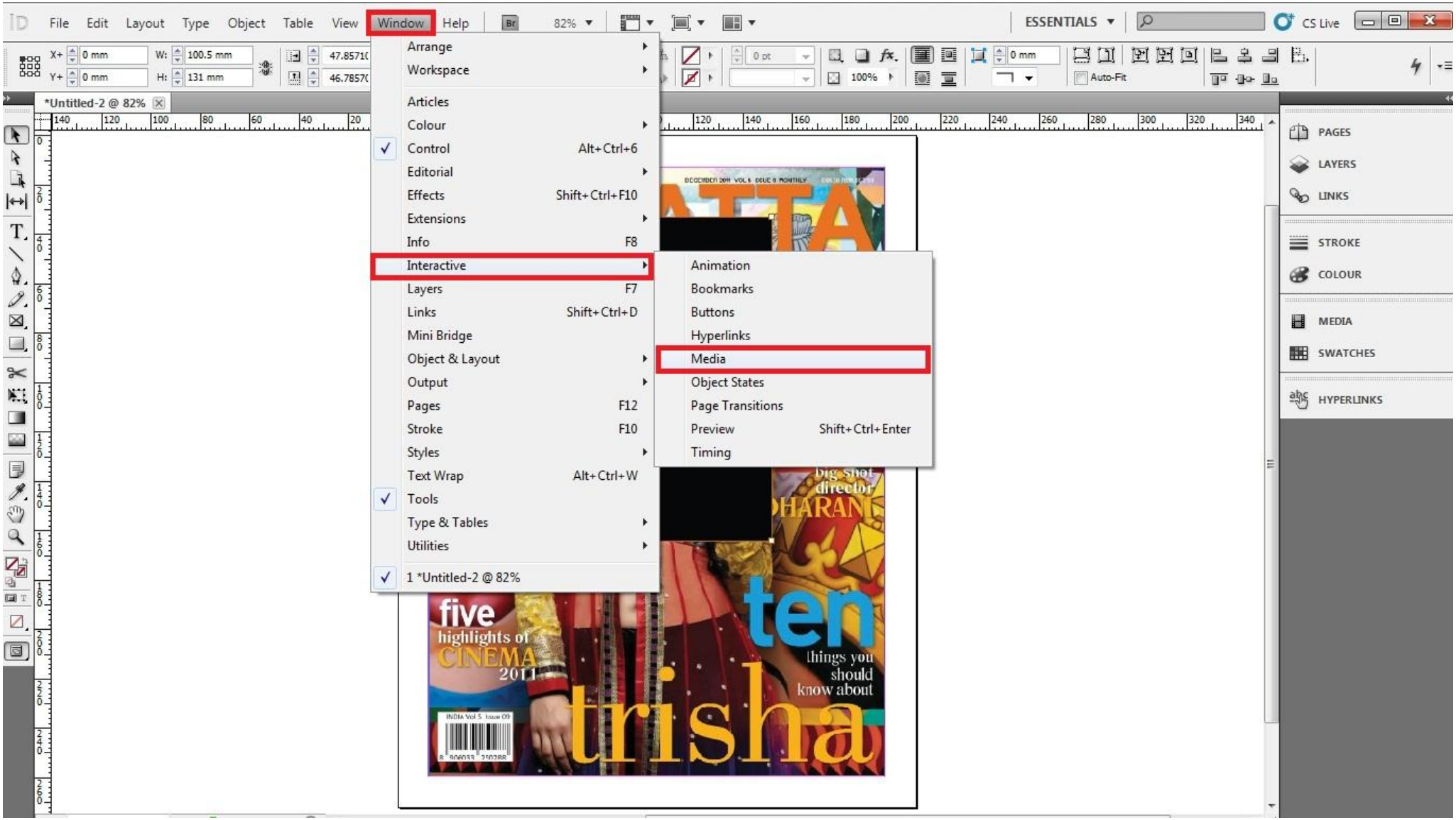
1.3. Editing Video settings.

1.3.1. Click '*Window*' → '*Interactive*' → '*Media*'



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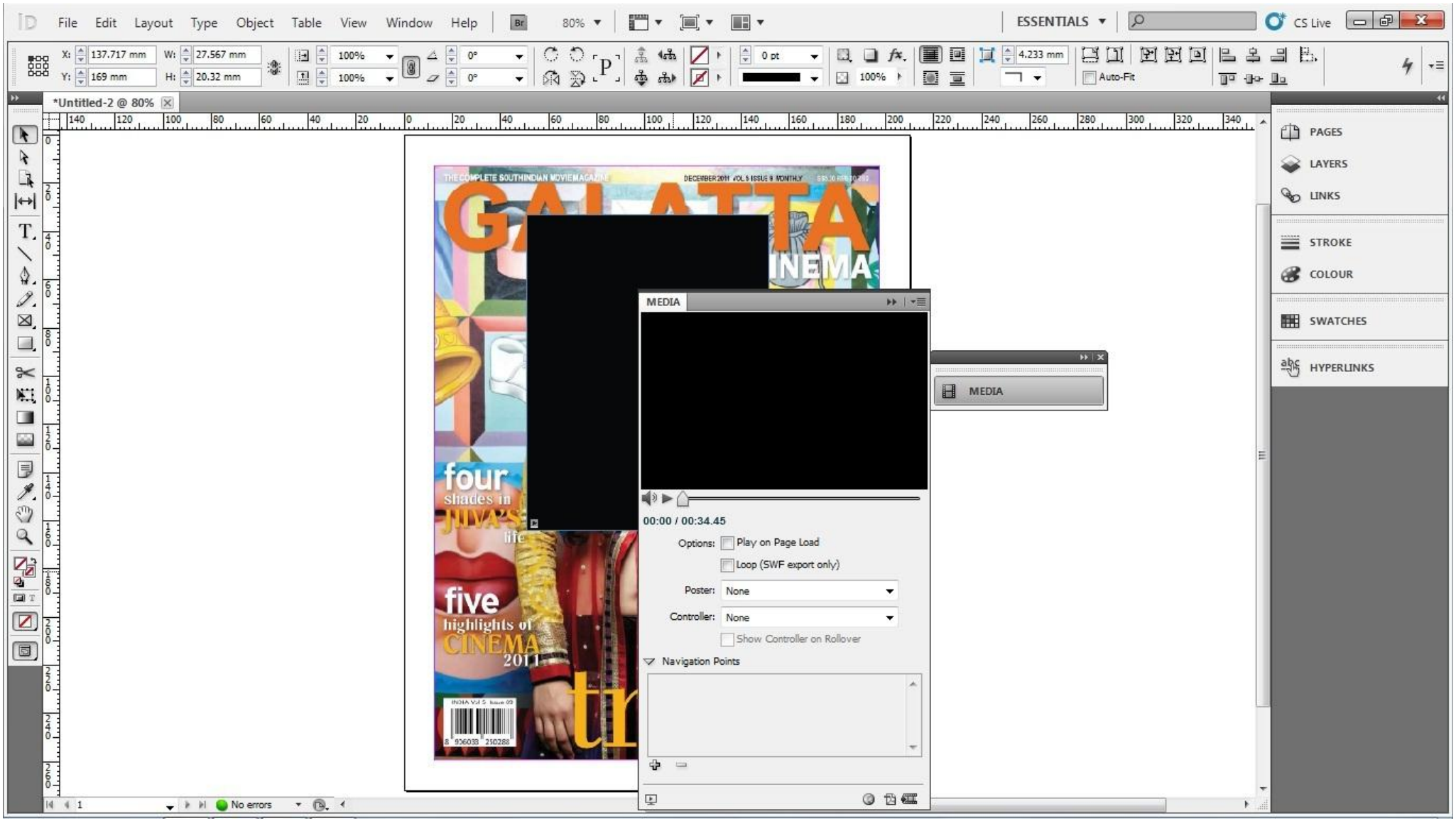
1.3.2. Uncheck '*Play on Page Load*' and '*Loop (SWF export only)*'
1.3.3. Select '*None*' under '*Poster*' and '*Controller*'



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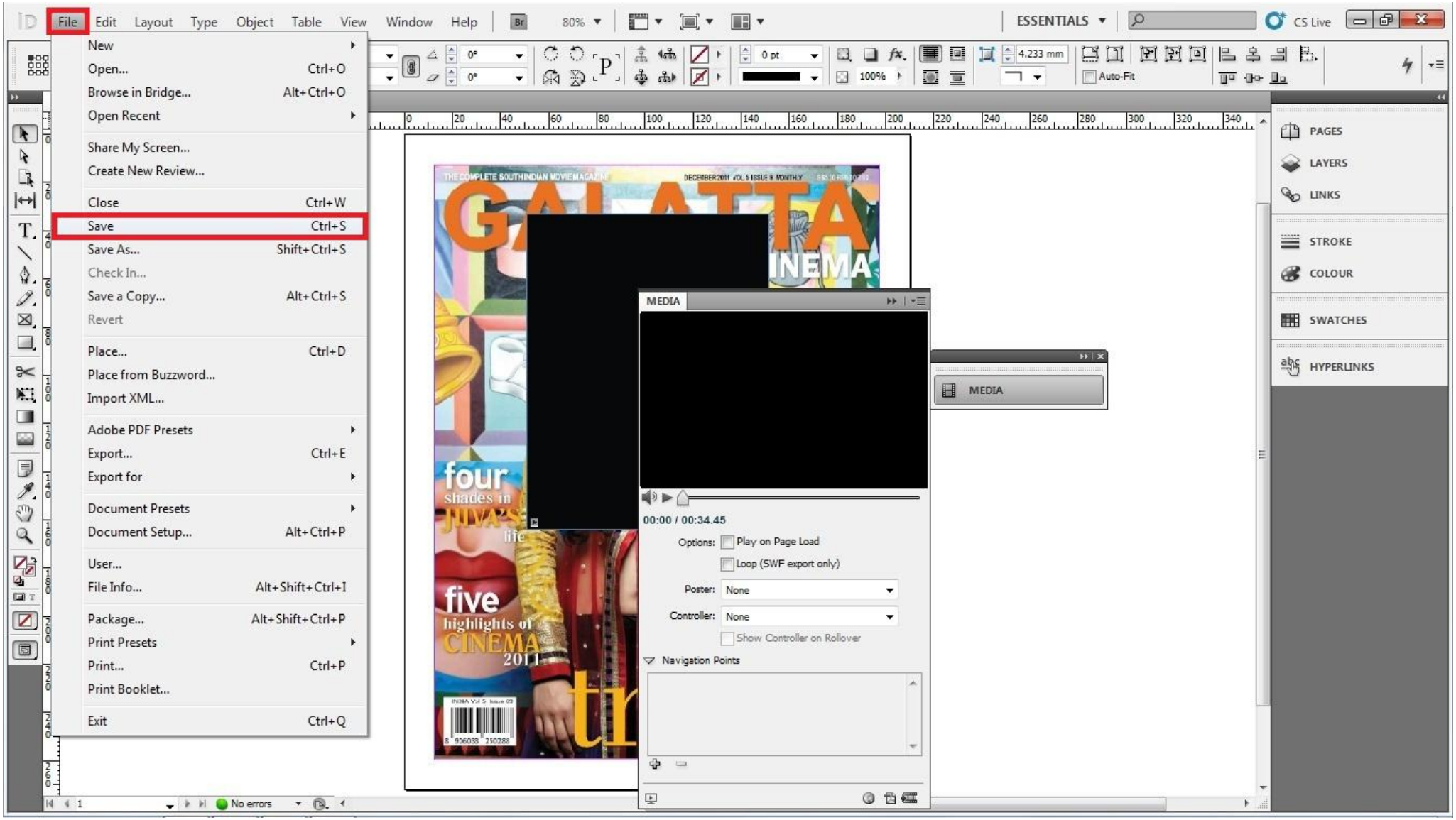
1.4. Saving the file.

1.4.1. Click '*File*' → '*Save*' (You have now successfully embedded the video in your InDesign document)



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